COVID-19
Should I Get Tested?

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If you have returned from China, Iran, Italy or South Korea within the last 14 days and you are sick, OR

if you have been in close contact with someone who is sick and has recently returned from these countries:

- **CALL** your county health department (CHD).
- **SCAN** the code for the CHD finder.

Symptoms

The most common symptoms of COVID-19 are **fever, cough and shortness of breath.** Some patients have aches and pains, nasal congestion, runny nose, sore throat or diarrhea.

These symptoms are usually mild and begin gradually. Some people become infected but don't develop any symptoms and don't feel unwell. Most people recover from the disease without needing special treatment.

Learn more:

tinyurl.com/FLcdcprevention

tinyurl.com/FLcovidsick

If your travel history has not put you at risk, take note:

If you have been in close contact with someone who may have or had COVID-19, and you have symptoms of fever, cough or shortness of breath,or you have an underlying medical condition like diabetes or heart disease, or you a history of cancer.
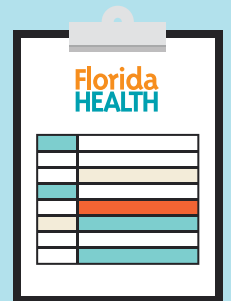
Call, do not visit, your CHD or health care provider.

It's IMPORTANT to call ahead before visiting your CHD or health care provider. Offices must take proper steps to avoid further spread of COVID-19 when a concerned patient arrives for a medical appointment.

How testing is done.

A person who is tested will have three specimens taken: oral, nasal and saliva. Samples will be given to the CHD and from there, shipped or deliver to the closest laboratory. Test results are available within 24–48 hours.

What if I test positive for COVID-19?

- Stay home except to get medical care.
- Separate yourself from other people and animals in your home.
- Call ahead before visiting your doctor.
- Wear a facemask when around others.
- Cover your coughs and sneezes
- Clean your hands often
- Avoid sharing personal household items
- Clean all "high-touch" surfaces everyday